



COURSE OUTLINE: PNG130 - NURSING THEORY II

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Approved: Bob Chapman, Chair, Health

Course Code: Title	PNG130: NURSING THEORY II
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Semesters/Terms:	20W
Course Description:	The course exposes the learner to health promotions and health problems affecting both pregnant women and children and life stages from infancy to older adulthood. The impact of various common health problems at different stages of the life cycle and their functional outcomes in terms of morbidity, mortality, psychological wellbeing, reproduction and growth will be highlighted. The learner will become familiar with the health and nutritional problems related to growth and development, assessment of the well-child and the antenatal period. Using a case study approach, learners will focus on health promotion disease prevention and health protection strategies for selected individuals throughout the lifespan. These concepts will be studied as they apply to individuals, families, groups and communities. Vulnerable populations and the impacts of the determinants of health will be discussed as they relate to population health..
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	PNG115, PNG116
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	PNG233, PNG234, PNG236, PNG238
Vocational Learning Outcomes (VLO's) addressed in this course:	3024 - PRACTICAL NURSING
Please refer to program web page for a complete listing of program outcomes where applicable.	<p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 5 Evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>VLO 8 Contribute to creating a healthy and safe work environment in a variety of health care settings.</p>



	VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
Course Evaluation:	Passing Grade: 60%,
Other Course Evaluation & Assessment Requirements:	<p>Students will complete a Client Centred Teaching and Learning Assignment. The assignment, will have students meet the following outcomes,</p> <ol style="list-style-type: none"> 1. Identify characteristics of adult learners. 2. Identify why particular teaching is essential to client care ie. risk factors, health promotion disease prevention etc. 3. Describe/Provide teaching strategies. 4. Utilize Evidence Based Literature and Best Practice Guidelines 5. Describe age-related biases towards learning. <p>All course components must be completed in order to be successful in PNG130.</p> <p>College of Nurses of Ontario (CNO) Registered Practical Nurse (RPN) Entry-to-Practice Competencies (ETPs) ETP 6, 8, 9, 11, 16, 20, 22, *24, 25, 26, 27, *28, 37, 43, 44, 47, 48,49, 50,56, 63</p>
Books and Required Resources:	<p>MATERNAL CHILD NURSING CARE IN CANADA WITH EAQ PACKAGE by Wong, D, Perry, S Publisher: Elsevier Edition: Canadian ISBN: 9780323770354 Bundled with Perry Elsevier Adaptive Quizzing for Perry Maternal Child Nursing Care NG (Acce</p> <p>Fundamentals of Canadian Nursing by Kozier, B.J., Erb, G. et. al. (2014) Publisher: Toronto, ON: Pearson Canada Edition: 4th ed ISBN: 9780134192703</p> <p>BPG: Assessment and Interventions for Perinatal Depression by Registered Nurses Associator Publisher: https://rmao.ca/bpg/guidelines/assessment-and-interventions-perinatal-depression</p> <p>BPG: Facilitating Client Centred Learning by Registered Nurses Association of Ontario Publisher: https://rmao.ca/sites/rmao-ca/files/BPG_CCL_2012_FA.pdf</p> <p>BPG: Breastfeeding- Promoting and Supporting the Inition, Exclusivity, and Continuation of Bre</p>

and Young Children by Registered Nurses Association of Ontario
 Publisher: https://rmao.ca/sites/rnao-ca/files/bpg/breast_feeding_BPG_WEB_updated_Oct_2_1.

BPG: End of Life Care During the Last Days and Hours by Registered Nurses Association of Ontario
 Publisher: https://rmao.ca/sites/rnao-ca/files/End-of-Life_Care_During_the_Last_Days_and_Hou

BPG: Enhancing Adolescent Development by Registered Nurses Association of Ontario
 Publisher: https://rmao.ca/sites/rnao-ca/files/Enhancing_Healthy_Adolescent_Development.pdf

BPG: Person and Family Centred Care by Registered Nurses Association of Ontario
 Publisher: https://rmao.ca/sites/rnao-ca/files/FINAL_Web_Version_0.pdf

BPG: Primary Prevention of Childhood Obesity by Registered Nurses Association of Ontario
 Publisher: https://rmao.ca/sites/rnao-ca/files/Childhood_obesity_FINAL_19.12.2014.pdf Edition:

Supporting and Strengthening BPG: Families Through Expected and Unexpected Life Events by
 of Ontario
 Publisher:
https://rmao.ca/sites/rnao-ca/files/Supporting_and_Strengthening_Families_Through_Expected_

BPG: Woman Abuse: Screening, Identification and Initial Response by Registered Nurses Asso
 Publisher: https://rmao.ca/sites/rnao-ca/files/BPG_Woman_Abuse_Screening_Identification_and

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Using the nursing process and a case study approach, discuss health promotion, health protection strategies and safety strategies for each stage from infancy to late adulthood.	1.1 Discuss the impact of lifestyle choices on health promotion and health protection (including nutrition, activity/exercise, and wellness). 1.2 Discuss the importance of culture as a factor in health promotion and health protection. 1.3 Discuss normal physical changes associated with aging throughout the life span 1.4 Discuss age-appropriate health promotion and health screening. 1.5 Discuss age-related safety issues and safety strategies. 1.6 Identify health promotion/maintenance strategies for the infancy to late adulthood periods. 1.7 Discuss the role of the practical nurse in holistic health promotion from infancy to late adulthood. 1.8 Consider the determinants of health when planning health promotion and health protection strategies. 1.9 Develop a concept map and teaching plan for a common health concern for a specific age group.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Using the nursing process and a case study approach, identify health protection and safety strategies for at risk individuals and their families from infancy to late adulthood.	2.1 Discuss strategies to address age related health challenges throughout the life span from infancy to elderly client. Exemplars related to each stage of life will support discussions.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Describe the experience	3.1 Describe normal physiological changes in the pregnant

of the woman during the transition from prenatal to postpartum.

woman.
 3.2 Discuss the normal psychosocial concerns of the pregnant woman.
 3.3 Explain the purpose for prenatal screening and diagnostic tests.
 3.4 Discuss the impact of teratogens on prenatal development.
 3.5 Describe normal physiological changes in the postpartum woman.
 3.6 Discuss the psychosocial adaptation of the childbearing family.
 3.7 Explore the scope of the role of the practical nurse during the perinatal period.
 3.8 Discuss health teaching needs for the childbearing family during the antepartum, intra-partum and post partum periods.

Course Outcome 4

Learning Objectives for Course Outcome 4

4. Describe the use of a functional health pattern framework in assessing families throughout the lifespan.

4.1 Define family.
 4.2 Describe traditional family types/changing family types.
 4.3 Identify the stages of family development.
 4.4 Discuss the impact of culture on the family.
 4.5 Discuss frameworks utilized in family assessment.
 4.6 Apply a framework to assess a family.
 4.7 Discuss health promotion and health protection strategies for families.
 4.8 Discuss the role of the practical nurse in assisting individuals to be responsible in achieving/maintaining family health.
 4.9 Develop a health promotion/health protection plan for a family.

Course Outcome 5

Learning Objectives for Course Outcome 5

5. Examine adaptations to care for hospitalized pediatric patients.

5.1 Describe the child experience of hospitalization.
 5.2 Discuss health care adaptations for the hospitalized child and family.

Course Outcome 6

Learning Objectives for Course Outcome 6

6. Discuss the concepts of grieving and loss, as a natural process in the development of an individual.

6.1 Define grief.
 6.2 Define loss.
 6.3 Explore the variety of life situations in which individuals experience grief and loss.
 6.4 Identify culturally sensitive approaches when caring for terminally ill patients and patients experiencing grief and loss.
 6.5 Discuss principles of palliative care.
 6.6 Describe the role of the nurse in promoting comfort for terminally ill clients.
 6.7 Explore the role of the practical nurse in supporting clients experiencing grief and loss.
 6.8 Describe care of the family after death.

Course Outcome 7

Learning Objectives for Course Outcome 7

7. Utilize principles of teaching-learning to

7.1 Provide information to facilitate decision-making related to the individual's health, wellness and safety of the individual.



	promote optimal health, wellness and safety of the client.	<p>7.2 Develop a plan to promote health and wellness of the client considering the determinants of health.</p> <p>7.3 Apply principles of teaching and learning to promote clients health and wellness.</p> <p>7.4 Implement a relevant and age appropriate health teaching plan to promote the health and wellness of the client.</p> <p>7.5 Implement health teaching at the individual's level of understanding.</p> <p>7.6 Examine the effectiveness of the teaching plan for the client.</p>
	Course Outcome 8	Learning Objectives for Course Outcome 8
	8. Demonstrate effective, and appropriate care during the pre-natal period, post-natal period, for the newborn and their families, including newborn and family assessments.	<p>8.1 Describe antenatal history and assessment.</p> <p>8.2 Demonstrate interventions including various breathing and positioning techniques to assist a laboring mother.</p> <p>8.3 Conduct a post-partum and newborn assessment and document accurately.</p> <p>8.4 Discuss the Apgar scoring system and its use.</p> <p>8.5 Describe health teaching required for breast feeding.</p> <p>8.6 Demonstrate postpartum and newborn care.</p> <p>8.7 Demonstrate how to assist a mother to breast feed a newborn.</p> <p>8.8 Demonstrate infant care including baby baths, feeding and diapering.</p>

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
EAQ Quizzes	10%
Final Exam	40%
Mid-term Exam	30%
Teaching and Learning Case Study	20%

Date: January 3, 2020

Addendum: Please refer to the course outline addendum on the Learning Management System for further in